

Laparoscopic hysterectomy

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It is a minimal access surgical procedure which facilitate the removal of non prolapsed uterus through vaginal route.





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"Indications of LAVH are traditionally contraindications of Non descent vaginal hysterectomy"

- •Previous pelvic surgery
- •Endometriosis
- •Previous C.S.
- •Pelvic pain
- Suspected adnexal pathology
- •Uterine myoma
- •Ectopic pregnancy
- •Acute or chronic pelvic inflammatory disease
- •Minimum uterine mobility & limited vaginal access

First lap hysterectomy-Reich et al - 1989







Contraindications

- Severe COPD or Cardiac disease
- □ Generalised peritonitis
- Previous extensive abdominal surgery
- Hyper or Hypo coagulable states
- Uterus more than 24 week size
- Huge cervical or Broad ligament Myoma









Garry and Reich classification

- Type 1 diagnostic lap + VH
- Type 2 lap vault suspension + VH
- □ Type 3 LAVH
- □ Type 4 LH (ligation of uterine art.)
- Type 5 TLH
- Type 6 LSH (Supracervical hysterect)
- Type 7 LHL (hyst+ lymphadenectomy)
- Type 8 LHL + O (hyst+ lymphadenectomy + omentectomy)
- □ Type 9 RLH (radical lap hysterect)







Hardware required:

- Telescope 10mm 30 degree
- Uterine manipulator
- □ Grasper 5mm (2)
- Scissors 5mm Curved, Straight & hooked
- Dissectors 5 mm
- Ultrasonic dissector or Electrocautery
- Needle holders
- Laparoscopic linear stapler





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- 1. Uterus
- 2. Round ligament
- 3. Utero-ovarian ligament (proper ovarian ligament)
- 4. Uterosacral ligament
- 5. Ovary
- 6. Suspensory ligament of the ovary
- 7. Ureter





Topographic Anatomy



Vasculature

- 1. Umbilical artery
- 2. Ureter
- 3. Uterine artery
- 4. Internal iliac artery
- 5. Ovarian artery
- 6. Common iliac artery
- 7. Utero-sacral ligament



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Procedure:

Preoperative measures:

- Routine Anaesthetic and Medical checkups
- Bowel preparation
- Peglac powder 1 sachet with water a night prior
- Catheterization

Patient position

 Steep trendelenberg & Lithotomy





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Port position:

- Umbilical port for Camera
- Two 5 mm ports at 5cm away from umbilicus on either side
- Accessory port at right or left iliac region according to need







Surgical tasks:

- Creation of pneumoperitoneum
- Diagnostic laparoscopy: Pelvic side wall, ant. & Post cul-de-sac
- Elevation of uterus by the help of uterine manipulator
- Dissection
- Vaginal procedure









Uterine Manipulator





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Operative procedure:

- Elevation of Uterus
 Successive Clamping Desiccation and Section of both sides
 - Round ligament
 - Adenexa and
 - Broad Ligament up to Uterosacral in TLH and up to uterine in LAVH







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200



LAVH





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Vaginal Procedure

- Anterior peritoneum is opened & bladder is separated from uterus
- Retractor is placed into the bladder peritoneum
- Successive dissection around the cervix is performed until the proximal point of dissection that was performed laparoscopically is reached













Vaginal wall is sutured horizontally in one layer



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Vaginal Part of LAVH





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Vaginal Part of LAVH





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Procedure: Vaginal Hysterectomy Patient: 42 year old female Gravitis zero Presented with: 3 month history of symptomatic vaginal bulge



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Advantage of LAVH

- Less postoperative pain
- □ Early recovery
- Minimal hospital stay
- □ Thorough diagnosis
- More complete excision than vaginal hysterectomy
- Reduced incidence of bladder and rectal injury
- Economical
- Cosmetically better outcome









Disadvantage

- Ureter injury is more in TLH then LAVH
- Normally the rate of ureteral injury in abdominal hysterectomies is 1-2%. In TLH, the injury rate was 4.3%.
- □ In LAVH 1%
- All the risk factors of Laparoscopy and general anaesthesia is always there especially in inexperienced hand.



Tamussino KE, Lang PEJ, Breinl E: Ureteral complications with operative gynecologic laparoscopy. Am J Obstet Gynecol 1998;178:967-70



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Be not afraid of growing slowly, Be afraid only of standing still



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