LAPAROSCOPIC OOPHOROPEXY FOR OVARIAN FUNCTION RESERVATION IN CANCER PATIENT

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ABSTRACT

Minimally invasive technique for ovarian transposition (oophoropexy) can offered to any age premenopausal women with Hodgkins disease, brain tumors, cervical, vaginal, and others whose undergoing total Lymph Node Irradiation (TNI) deliver as a dose of 200-400 Centigray (CGY). It is safe and effective procedure for ovarian function preservation with pregnancy rate of nearly 90% . If minimal or no Chemotharpy used.

KEYWORD


AIMS

The aims of this review is to evaluate its effectiveness and safety of Laparoscopy Oophoropexy in Fertility preservation. The following parameters were evaluated: ovarian function, pregnancy rate, Premature Ovarian Failure (POF) and discuss limitations of others fertility preservation methods.

MATERIAL AND METHODS

A literature search was performed, using midline and search engine Google, the following search terms were used "Laparoscopic Oophoropexy In cancer". Fertility preservation in cancer, 300 citation, found in total. Selected papers were screened for further references. Criteria for selection of literature were number of cases (excluded if less than 15), methods of analysis (statistical or nonstatistical) operative procedure (only accepted procedure were selected and institution where the study was done (specialized institution for good Laparoscopy Surgery).
**Introduction**

The female reproductive axis inherently different than males in ways that women is born with all the oocytes she will ever have and fertilization and subsequent development of the fetus occur with in the female reproductive tract.

Minimal access surgery has been proved to be a useful surgical technique. New standards have been established for various indications, patients comforts is a greater consideration in 21st century. The acquisition of recent technology and skill now a allords a better choice of mode of surgery. This document reviews the recent advances in technique applicable to Laparoscopy Oophoropexy, examines literature, and suggests guidelines for Oophoropexy in patients with cancer.

**Contents**

**Evaluation of Laparoscopic Oophoropexy**

Laparoscopic Oophoropexy is being done at the time when; Laparoscopy surgery has shown definite benefit over open technique which is done only when open surgery is indicated for staging of the cancer or when chemotherapy is used.

Laparoscopy Oophoropexy is now a gold standard for younger girls and premenopausal women who is going for total Lymphnode Irradiation (TNI) and has virtually nearly replace open Oophoropexy. Still numerous factors need to be in the deciding the ideal and most appropriate surgical technique.

It is important the patients care physician should understand the available methods to preserve fertility in cancer patients and communicate this information to the patients.

In paediatric Minimal Access Surgery (MAS) has lagged behind because fertility may be the last thing on most physician mind when they are facing a younger girl who has just been diagnosed with cancer but now is rapidly expanding since a greater number of young patient who survive and living healthy wants to conceive later and this become an important issue.
Effect of a irradiation on ovarian follicle

The ovarian follicle are remarkably vulnerable to damage form ionizing radiation which results in ovarian atrophy and reduced follicle stores. On cellular level oocytes show rapid onset of pyknosis, chromosomal condensation, disruption of nuclear envelope and cytoplasmic vaculation.

Serum FSH and LH rise within 4-8 weeks after exposure.

Degree of damage and suppression of ovarian function is related to the patient age and the dose of irradiation delivered to the ovaries.
Schiman et al found that a younger age at transplantation predicted return to ovarian function and this is confirmed in number of studies.

Irradiation has invariably results in premature ovarian failure (POF) unless the ovaries transplanted out of the field.

Many studies indicated that the cut off for radiation-induced ovarian failure is around 300 categrey (CGY) 11%-13% of patients have ovarian failure if exposed to radiation below 300 CGY versus 60%-63% if above that value.

**The table below show effect of radiation dose and age on ovarian function**

<table>
<thead>
<tr>
<th>Ovarian dose in CGY</th>
<th>result</th>
</tr>
</thead>
<tbody>
<tr>
<td>60</td>
<td>No deleterious effect</td>
</tr>
<tr>
<td>150</td>
<td>No deleterious in young women. some risk for sterilization in women older than 40</td>
</tr>
<tr>
<td>250-500</td>
<td>In women 15-40 60% permanently sterilized. reminder may suffer amenorrhea, in women older than 40 permanently sterilized</td>
</tr>
<tr>
<td>500-800</td>
<td>In women age 15-40, 60%-70% permanently sterilized. reminder may experience temporary amenorrhea. No data available for women over 40.</td>
</tr>
<tr>
<td>&gt;800</td>
<td>100% permanently sterilized</td>
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</table>

**Laparoscopic oophoropexy and chemotherapy**

Prepubertal girls seems less susceptible than young women to cytotoxic drugs. depending on the type of chemotherapy used some alkylating agent such as cyclophosphamide is permanently damage the gonad and others like 5-flurouracil -etopside-doxorubician do not induce permanent ovarian failure and if this later agent used with irradiation to cancer patient Oophoropexy can be done with it.

**Consideration in operative technique**

The procedure should be simple -safe -minimal invasive

- can be offered to any age premenopausal women.
- ample blood supply to the recipient site
- feasible access for follicle aspiration
- performed in patient just prior to undergoing radiation therapy

when the ovaries are transpositioned out of the field of irradiation the ovarian dose is reduced to approximately 5%-10% of that in untransposed ovaries which receive 100 % radiation dose.

To improve the quality of life and preserve fertility in these young women ovarian function has been maintain for over three decades by transposing the ovaries out of the field of irradiation.
Site of Oophoropexy - Pregnancy Rate - Fetal Outcome

In lateral ovarian transposition, the ovary is mobilized with its blood vessels to the paracolic gutters.

Bidzinski [13] confirmed that ovarian function was preserved if the ovaries were transposed at least 3 cm from the upper border of the field or above the iliac crest with care to ovarian vessels from injury. When vaginal and cervical cancer are treated with brachytherapy laparoscopic Oophoropexy can be performed under the same anesthesia. Interestingly in his study 89% of pregnancy spontaneous 75% occurring without ovarian repositioning (repositioning only in case of infertility) 11% of those patients conceived with IVF [22].

Tulandi [32] reported cases of laparoscopic lateral ovarian transposition in patient with rectal Adeno-carcinomas he divide the utero-ovarian ligament but the ovaries remained attached to the distal fallopian tube to improve the chance for ovarian pickup and the patients achieved spontaneous pregnancies [24].

Covens [13] and Swerd [23] confirmed that there were no excess cases of still birth, low birth, congenital malformation, abnormal karyotype or cancer in offspring of women treated with laparoscopic Oophoropexy.

Some consideration during the procedure

- Ovarian failure may result after Laparoscopic Oophoropexy
- If the ovaries are not moved far enough out of irradiation field
- Compromise ovarian vessels from surgical technique or radiation injury to the vascular pedicle.
- Development of symptomatic ovarian Cyst

It is more common with open Oophoropexy than Laparoscopic (4.9%-7.6%) versus (1%-5.2%) and to avoid its occurrence Laparoscopic Oophoropexy should be done just before the start of irradiation.

- If conception occur less than a year after radiation exposure patient has an increase in low birth weight and spontaneous abortion and advice is to delay pregnancy a year after radiation exposure.

Other ovarian preserving function

These include cryopreservation of oocytes, embryo and ovarian tissue.

Some of these techniques like cryopreservation of oocytes have significant increase in ovarian preserving function and success report with recent introduction of technical modification but still many cryo damage occur.
In the other like cryopreservation of pre implantation of human Embryo and ovarian tissue cryopreservation and transplantation are still experimental procedure and study effect of cryopreservation insult on ovarian tissue have been limited.

Newton et al demonstrated that human ovarian tissue loose 90% of primordial follicle when using glycerol as cryo protectants(CPA) compare with 25%-15% and 55% using DMSO, Ethanol Glycol(EG) and Propylene Glycol(PG) respectively.

**Conclusion**

Laparoscopic Oophoropexy that is done immediately before pelvic irradiation is safe and very effective in preserving ovarian function in nearly all patients with Hodkins disease some gynecological cancer and others who are to under go total lymphatic irradiation and receive minimal or no chemotherapy compared with high risk of ovarian dysfunction seen in girl who did not under go Oophoropexy.

**References**


For more information please log on to http://www.laparoscopyhospital.com